

The Sun is Shining on...



Aim

Getting to know each other, team building, energizer



Preparation

Finding a place to make a circle with chairs



Age

10+



Duration

10-15 minutes



Materials

A chair for each participant

Instructions

1. Participants sit on chairs in a circle. The leader stands in the middle of the circle and carries out the commands
2. The leader presents him-/herself (by the name) and tells some interesting fact/s about him-/herself
3. Then he/she says: "The Sun is shining on someone who..." (e.g. is wearing tights, watched TV yesterday, etc. – which helps to classify the participants). Everyone who belongs to the category has to change seats, at the same time the leader tries to find an empty chair to sit on
4. The person left in the middle becomes the leader and continues the same way by inventing new statements and trying to find a place to sit while others are changing seats

Note, you cannot sit on a chair next to you or a chair you have already sat on. The game ends when more than half of the group has been in the middle.